

Birmingham Insurance Institute 5K & 10K Results 2022

22 Tom Benjamin	18:57
13 Andy Briggs	21:11
37 Edward Foxall	22:52
39 Brian	23:40
27 Greg Hornby	25:02
42 Oliver Wilson	27:52
17 Matthew Stanton	28:03
32 Oliver Thorley	30:02
33 Joseph Thorley	30:20
31 William Thorley	30:20
21 Francesca Wood F	30:37
58 Dean Staniforth	31:44
24 Fritha Stuttart	33:14
38 Fang Yuying	35:03
30 Stuart Wheeldon	35:08
25 Lisa Arnold	35:27
212 Naveed Shabeer	37:09
193 Richard Moore	37:26
85 Marcin Rydzewski	37:36
29 Isla Hensley F	37:41
28 Simon Hensley	37:41
208 Oliver Beasley	37:52
166 Konrad Wainaina	37:56
223 Richard Scollon	39:40
184 Michael Gill	40:08
161 Rachel Burchell F	40:15
57 Zoe Hudson	41:06
260 Nick Parkes	42:14
188 Daniel Buckley	43:12
141 Stephen Amsden	43:14
182 Kimberley Keay	43:38
46 Christine Henshaw	43:43
236 Sarah Maund	45:06
185 Dave Blood	45:07
209 Simon Reynolds	45:50
205 Brian Moran	45:58
210 Paul Kimberley	46:46
211 James Morgan	47:01
216 Hualong Ye	47:57
178 Gareth Hampton	48:47
140 Rachel Howe	49:24
179 Alex Lovett	49:55
202 Csaba Ujhazi	50:25
155 Samantha Cartwright	50:33
111 Andrew Rowson	50:46
100 Ian Stafford	51:20

206 Daniel Kunkel	51:41
148 Zoe Smith	52:24
183 Carrie Gibson	52:55
158 Jo Smith	53:20
159 Sarah Proffitt	53:20
134 Megan Griffiths	53:35
200 Martin Redhorn	54:14
194 Ania Simcox	54:16
124 Bethany Muggleston Watkins	55:15
123 Kirsty Sands	55:15
174 James Smith	55:52
18 Laura Walkerdine	55:59
146 Sarah Morris	56:07
177 Ken Archer	56:15
170 Emma Hart	56:32
160 Davied Hubbard	57:01
168 Kerry Powers	57:02
204 Julia Neachell	57:09
99 Kat Payne	57:30
207 Anne Wells	58:01
98 Chloe Coture	58:26
167 Stephen Coture	58:26
196 Jasbir Hayer	58:43
95 Emily Summers	59:01
199 Mark Cotton	59:07
137 Katie Sutton	59:35
180 Mick Pursglove	59:43
201 Oliver Wheatley	59:54
108 Louise Shepherd	01:00:45
139 Rebecca Benskin	01:00:51
186 Katrina Dawson	01:01:15
96 Kerry Challoner	01:03:16
153 Stephen Reynard	01:03:38
224 Hei Tung Chloe Kwok	01:04:02
199 Natalie Grey	01:05:34
239 Christine Bevis	01:05:50
127 Lisa Spare	01:06:04
135 Jayne Griffiths	01:06:14
189 Sarah Williams	01:06:17
198 Andrea Rigby	01:06:20
173 Gemma Michel	01:06:20
219 Nathan Williamson	01:06:36
88 Carl Wilson	01:06:39
175 Nichola Reed	01:06:52
195 Emma Wilson	01:06:55
104 Emily Buss	01:07:00
220 Rachel Miller	01:07:05
181 Martin Williams	01:07:11

171 Anni Aus	01:07:43
191 Gavin Rich	01:07:46
190 Angela Dunn	01:07:46
83 Paul Charlton	01:07:27
238 Lauren Macdonald	01:10:23
221 Rebecca Windsor	01:10:27
203 Sam Tyler	01:13:47
130 Donna Gorse	01:17:06
228 Andrew Hunt	01:17:44
84 Claire Pilkington	01:19:17
106 Sarah Norctor	01:48:47
107 Glynis Noctor	01:48:47